



# MEZE

AUTHENTIC TURKISH  
CUISINE

# MEZE

MEZE ARE SIMPLE DIPS AND SALADS, ORIGINATING FROM THE NOMADS AND SETTLED VILLAGERS OF ANATOLIA (TURKEY), AND MEANT FOR SHARING AT COMMUNAL MEALS.

A TYPICAL TURKISH MEAL FOR FOUR PEOPLE WOULD CONSIST OF A SELECTION OF PERHAPS 4 OR 5 MEZE DISHES, PLACED IN THE CENTRE OF THE TABLE FOR EVERYONE TO DIP INTO, AND SERVED WITH WARM, FRESH BREAD.

THIS IS FOLLOWED BY A SIMPLE GRILLED OR BAKED DISH OF LAMB, FISH OR VEGETABLES FOR EACH PERSON, SERVED WITH BULGUR AND SALADS. DESSERTS ARE BASED ON FILO PASTRY WITH NUTS OF FRUITS SERVED FRESH OR BAKED IN SUGAR SYRUP.

HERE AT MEZE RESTAURANT, YOU CAN FOLLOW THE TRADITIONAL FORMAT DESCRIBED ABOVE, OR JUST A MAIN MEAL OR A PIZZA, WHATEVER YOU WISH.

## SERVICE NOT INCLUDED

In true Turkish tradition you may be requested to share a table during busy periods. We hope you will enjoy sharing in this ancient Anatolian custom.

# MEZELER

## STARTERS OR LIGHT DISHES

All served with fresh, warm Turkish Village Bread (pide) from the clay oven

### COLD

Ispanak (V) Spinach, garlic and yoghurt sauce	£5.90
Humus (V) Grand chickpeas, tahini and garlic	£5.75
Antep Ezme (V) Spicy dip, with onions, tomato and chilli pepper	£5.40
Dolma (V) Vine leaves stuffed with rice, pistachios served with yoghurt	£5.60
Saksuka (V) Baked aubergines with green pepper, tomato and garlic	£6.10
Ali Nazik (V) Finely chopped aubergines with yoghurt and garlic	£6.10
Beyaz Peynir (V) Feta Cheese	£5.80
Pilaki (V) Pinto beans in onion, tomato and garlic	£5.60
Cacik (V) Yoghurt with garlic and cucumber	£5.70
Imam Bayildi (V) Aubergine stuffed with green pepper, onion, tomato, and garlic With mozzarella <del>£6.60</del>	£6.10
Lahana Dolma (V) White cabbage stuffed with rice	£5.40
Tabule (V) Bulgar wheat with celeriac, green onion and parsley	£5.50
Mixed Meze (V) One portion	£8.30

### HOT

Sucuk Grilled Turkish salami served with fresh tomato	£6.10
Sigara Boregi (V) Filo pastry parcels stuffed with feta and parsley. (4pcs)	£6.20
Karides Tava (V) Shrimps sautéed in chilli butter	£6.90
Halloumi Cheese (V) Grilled and served with chopped tomatoes	£6.20
Patlican Ezme (V) Chopped grilled aubergine with rep peppers, tomato garlic and onion	£6.70
Deniz Urunleri Tava Mixed seafood sautéed in chilli butter with lemon flavours.	£7.40
Lahmacun Finely chopped lamb with onion parsley and chilli	£5.30
Kalamar Buttered calamari with salt and tartar sauce. (6pcs) Served with green salad and lemon.	£7.20

# SALATALAR

## SALADS

Coban (shepherd's salad) (V) Finely chopped tomato, cucumber and onions	£6.10
Mediterranean (V) Mixed salad with feta cheese and black olives.	£6.50

# BAŞLILCA YEMEKLER

## MAIN COURSES

### IZGARALAR

<b>Beyti</b> Chopped lamb with herbs, spices and garlic served in a wrap of freshly baked yufka bread (unleavened bread) and topped with tomato sauce made with tomatoes, pepper puree and butter.	£16.50
<b>Tavuk Sis</b> Chicken cubes served with bulgur wheat, onion salad, grilled tomato and green pepper, accompanied with yoghurt and pide bread.	£15.30
<b>Kuzu Sis</b> Lamb cubes served with bulgur wheat, onion salad, grilled tomato and green pepper, accompanied with yoghurt and pide bread.	£15.80
<b>Adana Kebab</b> Finely minced spiced lamb cooked on a skewer, served with bulgur wheat, onion salad, grilled tomato and green pepper accompanied with yoghurt and pide bread.	£15.70
<b>Ali Nazik Kebab</b> Aubergine, yoghurt and garlic base, topped with either chopped lamb, lamb cubes or chicken cubes and then with herb butter.	£16.60
<b>Patlican Kebab</b> Adana kebab with aubergine served with grilled tomato, green pepper and pide bread.	£17.20
<b>Karisik Kebab</b> Mixed grill of chicken, lamb and Adana served with tomato, green pepper, onion salad accompanied with yoghurt, bulgur wheat and pide bread.	£18.50
<b>Pirzola</b> Lamb cutlets served with onion salad, accompanied with yoghurt, bulgur wheat and pide bread.	£18.50
<b>Tavuk Pirzola</b> Chicken cutlets served with onion salad, accompanied with yoghurt, bulgur wheat and pide bread.	£15.00
<b>Tavuk Kanadi</b> Chicken wings served with bulgur wheat, onion salad, grilled tomato and green pepper accompanied with yoghurt and pide bread.	£15.00
<b>Kaburga</b> Lamb spare ribs served with bulgur wheat, onion salad, grilled tomato and green pepper accompanied with yoghurt and pide bread.	£15.80

## MEZE SPECIAL

Choice of one Meze with chicken cubes, lamb cubes, lamb cutlet, finely minced spicy lamb and chicken wings. Served with bulgur wheat, grilled tomatoes and green peppers, accompanied with shepherd salad on side dish.

£32.50

### TRADITIONAL TURKISH DISHES

<b>Iskender Kebab</b> Chicken cubes, lamb cubes or finely chopped and spiced lamb served on a pide bread with yoghurt, tomato sauce and hot butter	£15.50
<b>Et Sote</b> Succulent pieces of fresh lamb, green peppers, tomatoes and mushrooms gently cooked in the traditional copper pan served with bulgur wheat and yoghurt.	£16.00
<b>Tavuk Sote</b> Tender pieces of chicken gently cooked with green pepper, mushrooms and tomatoes cooked in the traditional copper pan served with bulgur wheat and yoghurt.	£15.80
<b>Coban Kavurma</b> Sizzling strips of lamb with tomato and onion cooked in the traditional copper pan served with bulgur wheat and yoghurt.	£15.80

# FIRINDA

BAKED IN CLAY OVEN

<b>Guvec - traditional clay dish</b> Lamb stew with tomato, aubergine, green pepper, onion and garlic accompanied with bulgur wheat and yoghurt.	£15.80
<b>Kasarli tavuk</b> Cubed chicken with tomatoes, red and green peppers, onion with mozzarella on top. Served with bulgur wheat and yoghurt	£15.60
<b>Kremith Kofte</b> Spicy minced lamb meatballs marinated in garlic, tomatoes, green peppers and baked in a clay dish served with bulgur wheat and yoghurt.	£15.80
<b>Kremith Kusbasi</b> Cubed lamb marinated in tomatoes, peppers onions and garlic baked in a clay dish served with bulgur wheat and yoghurt.	£16.40
<b>Kremith Tavuk</b> Cubed chicken marinated in tomatoes, peppers onions and garlic baked in a clay dish served	£15.80
<b>Incik Kebab - traditional clay dish</b> Lamb shanks served with tomatoes, peppers and served with bulgur wheat and yoghurt.	£15.80

## SEA FOODS

<b>Karides</b> 7 Tiger prawns topped with a sauce of olive oil, garlic, onion and chilli peppers. Served with bulgur wheat and yoghurt.	£17.40
<b>Balik (Fish)</b> Sea Bream or Sea Bass charcoal grilled and served with green leaf salad.	£18.80
<b>Kremith Balik (Fish)</b> Sea Bream or Sea Bass baked in garlic, lemon and onions in a clay dish. Served with green salad and chef's own sauce.	£18.80
<b>Grilled Salmon</b> Charcoaled salmon fillet served with green leaf salad	£18.80

## VEGETARIAN DISHES

<b>Sebze Kebab</b> Mixed vegetables (aubergine, green pepper, tomato and mushroom) grilled tomato, green pepper . Cooked in traditional copper pan served with bulgur wheat and yoghurt.	£15.30
<b>Vegetarian Musakka</b> Aubergine, green & red peppers, potato, carrot, tomato, onion, and garlic served with yoghurt and bulgur wheat. Cooked in a traditional clay dish.	£15.30

# TURKISH PIZZA

VERY THIN PIDE WITH TOPPINGS

<b>Kiymali</b> Finely chopped lamb with onion and parsley.	£13.50
<b>Kusbasi</b> Small cubes of lamb with chopped tomato.	£14.50
<b>Peynirli (V)</b> Mozzarella cheese with chopped tomato.	£12.75
<b>Vegetarian (V)</b> Tomato, cheese, mushroom, green pepper and parsley.	£12.75
<b>Sucuklu Pide</b> Turkish salami with cheese.	£12.75
<b>Kapali Pide</b> Spinach with mozzarella chese	£12.75

# WINE

RED, ROSE & WHITE

## WHITE

### Turkish White

Delicate & characterized by delicate aromas of fruit and flowers. Soft, perfectly balanced.

SMALL

£5.40

LARGE

£6.20

BOTTLE

£18.00

### Torrantica Pinot Grigio

A bright straw yellow with inviting peach and citrus notes with hints of honey & blossom.

£5.80

£6.40

£19.50

### Marcellino Rioja Blanco

Aromatic wine with intense flavours of apple and pears with a light floral background.

£5.80

£6.95

£19.80

### Aldo Adami Custoza

Elegant, delicate, slightly aromatic. Soft, pleasant, good body and balanced taste.

£6.20

£7.20

£23.00

### Sarafin Sauvignon Blanc - Premium Turkish

Grassy and herbal with green plum and gooseberry notes. Savoury on the palate with a slight oiliness and a rich, expansive finish.

£27.50

### Torleanzi Sauvignon Blanc

Pleasant sensations of yellow and ripe fruit, soft taste, balanced with good freshness.

£29.00

## ROSE

### Turkish Rose

Fragrant and fresh notes of violet, cherry and rose. Aromas of pomegranate and berries.

£5.40

£6.20

£18.00

### Villa Benizi Pinot Grigio Blush

Sensations of yellow and ripe fruit, soft taste, balanced with good freshness and flavour.

£5.80

£6.40

£19.50

### Aldo Adami Chiaretto

Fragrant, with notes of rose and cherry. Well balanced, nicely soft and elegant.

£5.90

£6.95

£23.00

## RED

### Turkish Red

Elegant, ethereal and complex flavours of black cherry, plum, blackcurrant and blackberry.

£5.40

£6.20

£18.00

### Buona Fortuna Merlot

Intense aromas with herbaceous notes. On the palate it is dry, full bodied and robust.

£5.80

£6.40

£19.50

### Padilla Joven Rioja

Made from 100% tempranillo with intense fruit aromas and is rounded on the palate.

£5.80

£6.60

£19.80

### Aldo Adami Bardolino

Light ruby red. Intensely vinous and delicate. Dryish, slightly bitterish, full flavoured and lively.

£6.20

£7.20

£23.00

### Sarafin Cabernet Sauvignon - Premium Turkish

A smooth textured wine, strong and full bodied dry red

£27.50

### Torleanzi Primitivo

Intense black cherry, plum and blackcurrant. Dry, persistent and very well balanced.

£29.00

## SPARKLING

### La Diva Prosecco

Delicately fruity with a slightly aromatic bouquet

£24.00

### Roberts & Reeves Prosecco

Superbly well-balanced, this youthful sparkling wine is soft & full with a good length.

200ml

£8.40

### Moet & Chandon

Bright fruitiness, a seductive palate & an elegant maturity

£49.50

# BEERS

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Efes Pilsner Draft, 500ml	£5.50
Efes Pilsner, 330ml	£3.70
Tuborg Draft, 500ml	£5.50
Budweiser	£3.70
Guinness Draft 440ml	£4.80
Bulmers Cider, 500ml	£5.50
San Miguel	£3.70

# SPIRITS

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	SINGLE	DOUBLE
Raki	£4.80	£6.80
Gordon's Pink	£4.80	£6.80
Bombay Sapphire	£4.80	£6.80
Smirnoff Black Vodka	£4.80	£6.80
Bacardi	£4.80	£6.80
Jameson	£4.80	£6.80
Jack Daniels	£4.80	£6.80
Cognac Remy Martin	£5.30	£7.30
Raki Bottle	35cl £35.00	70cl £60.00

# SOFT DRINKS

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Mineral Water (small)	£2.40
Mineral Water (large)	£5.20
Orange Juice	£2.70
Coca/ Diet Coke	£2.70
Lemonade	£2.70
Ayran, Turkish yoghurt drink	£2.70

# HOT DRINKS

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Turkish Coffee	£2.20
Filter Coffee	£2.20
Decaffeinated Coffee	£2.20
Turkish Tea	£2.20
Tea	£2.20

# MEZE

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